

Staying



Free

Freedom through deliverance happens in an instant, but remaining free is a daily walk. There are things we can do to exercise our faith, and see our freedom grow, and we can be established in Jesus. We recommend that you read through these sections everyday for 30 days. Read the scriptures, think about what they contain and declare these truths about yourself, and your freedom in Jesus. Sometimes further deliverance is needed but it is best to wait till you have been through the 30 days before seeking deliverance



1. Remember where your freedom comes from.

Read :- Revelation 12:11.

And they overcame him (Satan) because of the blood of the Lamb, and because of the word of their testimony, and they did not love their lives even to death.

Think :-

- a) who brought my freedom?
- b) how did Jesus bring freedom?
- c) what importance does me declaring truth and living for Jesus make?

Declare :- 1 John 3:8b.

The Son of God appeared for this purpose, that He might destroy the works of the devil.

2. Don't live in the past.

Read :- Philippians 3:13-14.

.....forgetting what lies behind, and reaching forward to what lies ahead, I press on toward the goal for the prize of the upward call of God in Christ Jesus.

Think :-

- a) how can I forget the things that have happened in the past?
- b) how do I keep moving forward?
- c) what is my future?

Declare :- Romans 8:1-2.

I am not condemned because my life is in Jesus, and He has set me free, by the life of the Holy Spirit living in me. He has set me free from that which would bring condemnation.

3. Rely on the Holy Spirit.

Read :- Ephesians 5:18

Be being filled with the Spirit.

Galatians 3:1-5.

.....who has bewitched you, before whose eyes Jesus Christ was publicly portrayed as crucified? This is the only thing I want to find out from you: did you receive the Spirit by the works of the Law or by hearing with faith? Are you so foolish? Having begun by the Spirit are you now being perfected by the flesh? Did you suffer so many things in vain - if indeed it was in vain? Does He then who provides you with the Spirit and works miracles among you, do it by the works of the Law or by hearing with faith?

Think :- a) did I obtain my own freedom?

b) have I asked Jesus to fill me TODAY with His Holy Spirit?

c) how do I change to being perfected?

Declare :- Romans 12:1-2

I choose to present my body today in an acceptable form to God through the cleansing blood of Jesus and the power of the Holy Spirit. I choose not to fit in to the thinking of the people around me, but I choose to let my mind be renewed by God. Then I will know God's will for my life.

4. Wear the right clothes.

Read :- Ephesians 6:10-18.

Finally be strong in the Lord, and in the strength of His might. Put on the full armour of God, that you may be able to stand firm against the schemes of the devil. For our struggle is not against flesh and blood, but against the rulers, against the powers, against the world forces of this darkness, against the spiritual forces of wickedness in the heavenly places. Therefore take up the full armour of God that you may be able to resist in the evil day, and having done everything, to stand firm. Stand firm therefore, having girded your loins with truth, and having put on the breastplate of righteousness, and having shod your feet with the preparation of the gospel of peace: in addition to all, taking up the shield of faith with which you will be able to extinguish all the flaming missiles of the evil one. And take the helmet of salvation and the sword of the Spirit, which is the word of God. With all prayer and petition pray at all times in the Spirit and with this in view, be on the alert with all perseverance and petition for all the saints.

Think :-

- a) who is my protector?
- b) do I use all the weapons He has provided?
- c) am I always ready for war?

Declare :- 2 Timothy 2:3-4.

I choose to be a soldier of Jesus. I choose to be on active service, and I live my life to do His will, and bring pleasure to Him.

5. Feed on what God says.

Read :- Psalm 119:9 - 11.

How can a young man keep his way pure? By keeping it according to Your word. With all my heart I have sought You. Do not let me wander from your commandments. Your word have I hid in my heart that I might not sin against You.

Think :-

- a) what will keep me from sin, and sin from me?
- b) do I choose to make time to read God's word each day?
- c) can I afford not to?

Declare :- Colossians 3:16

I choose to let Jesus' words live in me on a daily basis. I will listen to His wisdom, I will let His words teach me, and correct me. I will speak and sing His words with a thankful heart.

6. Have an attitude of gratitude.

Read :- Psalm 103:1-6.

Bless the Lord O my soul, and all that is within me, bless His holy name. Bless the Lord O my soul and forget none of His benefits; who pardons all your iniquities; who heals all your diseases; who redeems your life from the pit; who crowns you with loving-kindness and compassion; who satisfies your years with good things so that your youth is renewed like the eagle. The Lord performs righteous deeds, and judgements for all who are oppressed.

Think :-

- a) does my attitude set my outlook for the day?
- b) do I constantly thank God?
- c) can I allow myself the luxury of moaning, groaning and complaining and still be strong in God?

Declare :- Psalm 34:1-3.

I choose to bless, and thank the Lord all through this day. I will only allow godly words from my mouth. I will make much of Jesus, and I will praise His name.

7. Arrest that thought!

Read :- 2 Corinthians 10:5.

We are destroying speculations and every lofty thing raised up against the knowledge of God, and we are taking every thought captive to the obedience of Christ.

Think :-

- a) how do I arrest each thought?
- b) can I afford to allow negative thoughts in my mind?
- c) where am I going to find godly thoughts with which to replace the negative thoughts and 'day dreams'?

Declare :- *Philippians 4:8.*

I will fix my thoughts on what is true, honourable, right, pure, lovely and admirable. I will think about these things; things that are excellent and worthy of praise.

8. Run away from sin.

Read :- 2 Timothy 2:22.

Run away from anything that stimulates youthful desires. Instead, pursue righteous living faithfulness, love and peace. Enjoy the companionship of those who call on the Lord with pure hearts.

Think :-

- a) how do I avoid sin?
- b) what positive moves can I make to avoid sin?
- c) how should I move to avoid sin?

Declare :- *1 John 5:18.*

I am born of God, and I need not sin because God will keep me, and I choose to stay where God is so that the devil will not touch me.

9. Choose your friends carefully.

Read :- *1 Corinthians 15:33.*

Do not be deceived : Bad company corrupts good morals.

Think :-

- a) how important is my freedom?
- b) does this person, or activity, build me up in Jesus or tear down my faith?
- c) have I made friends with my enemies?

Declare :- *James 4:4.*

I choose to avoid friendship with anyone or anything that will bring me into conflict with God and His purpose for my life.

10. The devil is a liar.

Read :- *John 8:44.*

..... He (the devil) was a murderer from the beginning, and does not stand in the truth, because there is no truth in him. Whenever he speaks a lie, he speaks from his own nature; for he is a liar, and the father of lies.

Think :-

- a) can the devil tell you the truth?
- b) why do you listen to him?
- c) how can you plug your ears?

Declare :- *James 4:7-8.*

I choose to agree with what God says. I choose to resist the devil and I will see him run away. I choose to have a life that is clean before God, and I choose to think God's thoughts and be loyal to Him.

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*He has showed you, O man,
what is good And what does the
LORD require of you?*



*To act justly and to love mercy and
to walk humbly with your God.
Micah 6:8*

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